



# *An All-Inclusive Fitness Facility*

## FREQUENTLY ASKED QUESTIONS

### **Q: What is the age requirement to workout at Steamboat Fit?**

Yes. Participants must be 18+ years of age to workout independently in open gym. If you are under the age of 18, you must be with an adult or participating in a class. Those under the age of 18 may receive privileges to open gym, after being evaluated by a personal trainer, to ensure the participant demonstrates gym safety and etiquette. This is for the safety of all participants!

**Download the Steamboat Fit App!**



### **Q: Can I participate in classes virtually?**

YES! We live stream many of our group fitness classes via Zoom. In addition, we have a library of recorded classes which can be accessed 24/7 through the Steamboat Fit App or our website. Virtual Access is included the Annual Membership, Monthly Unlimited, and Senior & Student Memberships.

### **Q: Will my membership auto-renew?**

Our memberships are set-up on a "subscription based model," meaning that all memberships will auto-renew monthly, with the exception of our Locals Special.

The annual membership requires a year commitment and cannot be cancelled until the terms of the contract have expired. Our other memberships (4-pack, 8-pack, monthly, and senior & student memberships all auto-renew monthly but can be cancelled at anytime.

## **SCHOLARSHIPS AVAILABLE**

Steamboat Fit believes that fitness should be accessible to all. If you are experiencing financial hardships, we encourage you to apply for our financial aid scholarship! Please email: [rebecca@steamboatfit.com](mailto:rebecca@steamboatfit.com) for more information!